



NEED TO HAVE A YARN?

**If you or someone you know
is need of Counselling, we
are here to help!**

FREE Counselling Services for
Aboriginal and Torres Strait Islander
people within Queensland

**We engage clients using
appropriate strengths-based
assessments and risk minimisation
processes, including safety
planning.**

How we can help

We work with clients from a trauma informed, DFV informed, strengths-based approach to working with clients using an Intergenerational Trauma lens. We work with Solicitor(s) to provide a culturally appropriate service and to help you understand and navigate the Family Law, Family and Domestic Violence, Child Protection system application process.

Does this sound like you?

- ✓ Experiencing the impacts of complex trauma including Domestic Family Violence, historical child sexual assault and mental health concerns?
- ✓ Going through legal matters including Child Protection, Family and Domestic Violence. Referred to AFLSQ by different pathways.

Are you Eligible?

- ✓ Clients don't need to be a client of AFLSQ, however must have legal matters to navigate. An example of this is a client being involved with Child Safety and requiring counselling support to understand the child protection system.

Clients are assessed on a case-by-case basis. If we are not able to assist clients, they will be referred to external agencies as AFLSQ deems appropriate to best meet the needs of the client.

Where to find us

Our friendly counsellors are here for **you**.

Any Counselling Services needed **outside** of **Toowoomba** and **Gympie** are through Zoom, Teams and Telephone appointments only.

Counselling Services are available **Wednesday** to **Friday** every week

To book an appointment please call us on 07 4614 7116